

Table of the Lord – Participant Info

The invitation

Do you know there is a place for you at God's table?! It's given freely and he loves to share it.

I'd love to invite you take part in responding to the song 'Table of the Lord' by Soul Survivor. I believe it offers us the opportunity to be invited before God all the time, in all circumstances. There will always be a place at His table.

There are lots of ways to take part. If you just want to respond with your own movement rather than learning any, that is absolutely fine!

A video with the basic movements will be available shortly.

How can you be involved?

Learn the dance.

Join us online on **Wednesday 10th March, 8pm GMT** and learn a set of simple moves for you take away and build upon yourself.

Meet in person.

If you're within travelling distance to me in Odiham, Hampshire or the surrounding areas. I am happy to arrange a time to meet one on one where we dance and move together in an outdoor space to the song. Please email me with weekday and weekend availability for this.

Come as you are.

Share your response to the song in whatever format that might be. Feel free to be as creative as you want to be with your response.

Film it – we want to share what you have created and chosen to do as a blessing and an opportunity to bring joy to others.

We will be using this version - <https://youtu.be/iDTIUUuyL14>

Key details you need to know

- The video will be shared on **Saturday 3rd April** – pop the date in your diaries!
- To allow time for editing, please can all videos be sent in by **Tuesday 30th March**.
- Videos must be recorded in landscape
- Please do not wear any branded clothes.
- Feel free to use banners, flags or other props
- Please dance/ paint/ draw/ move to as much of the song as you feel led to.
- Ensure your 'background' is as clear as possible

Submission of videos

Please DO NOT send videos on whatsapp as this decreasing their quality. Use one of the follow methods.

Videos can be submitted via any file sharing service such as, www.wetransfer.com. Or via **google drive** and **one drive** using the email ucgraceinfo@gmail.com.

Any questions please email Anna, info@ucgrace.co.uk.